



Academy of Scientific and Innovative Research

No. AcSIR/8/1(1)-2020

Date: June 20, 2020

OFFICE MEMORANDUM

Subject: Observance of 6th International Day of Yoga (IDY) - 2020

It has been decided by the Competent Authority that the Academy of Scientific and Innovative Research (AcSIR) would celebrate 6th International Day of Yoga – 2020 on June 21, 2020 at 7:00 AM. Due to the contagious nature of the COVID-19, numerous restrictions exist with respect to mass gatherings and movement to avoid its spread. Therefore, unlike the previous years, this year the IDY will be observed within the confines of your home. You may involve your family in the practice of Common Yoga protocol during IDY on 21st June 2020 between 7am to 7.45am.

Your whole-hearted support to the observance of the 6th International Day of Yoga – 2020 will be highly appreciated.

This has been issued with approval of the Competent Authority.

A handwritten signature in blue ink that reads 'Arpita Sengupta' with a horizontal line underneath.

(Arpita Sengupta)
Senior Manager

Copy to:

1. All staff members of AcSIR
2. Students of AcSIR
3. Office Copy